

*Fresh Ideas featuring:*

Fresh *Fruits*  
from *Chile*



### **CHERIMOYA SMOOTHIE**

2 cups frozen cherimoya pulp, seeds removed

2 cups frozen banana chunks

1 cup skim milk

1 8 oz. carton strawberry or plain non-fat yogurt

Optional: 1/2 teaspoon flavoring extract, i.e., coconut , almond, vanilla, or strawberry.

Combine all ingredients using a knife blade in food processor or blender and mix to a slushy consistency. Serve Immediately.

Serves 2



**Chilean Fresh Fruit Association**  
[www.cffausa.org/foodservice](http://www.cffausa.org/foodservice)

